Brava® Strip Paste 条状保护土

Level up uneven skin and prevents seepage. Absorbs excess moisture and keeps skin dry. Non-stinging as no alcohol

填平造口周围凹陷防止渗漏。吸收水份保 持皮肤干爽。无酒精不会刺激皮肤。



Brava® Mouldable Ring 防漏环

Durable for a long-lasting tight seal around the stoma. It provides long-lasting protection against leakage. The ring is easy to handle, making it simple to secure a tight and durable seal

防止渗漏,令造口周边皮肤更好。可塑造 型和容易使用。吸收多余水份,并不会干 配戴时干掉。不含酒精成份,不刺激皮肤。

SenSura® Range Trust in SenSura double-layer security









SenSura 1-piece system



SenSura 2-piece system

Coloplast Accessories to help you maintain healthy skin

康乐保皮肤保健配件产品

Accessory that protects skin 保护皮肤的产品

Brava® Skin Barrier Spray 皮肤保护喷雾

It does not contain alcohol so it is sting-free and can reduce skin problems associated with stoma output and adhesives. It dries within a few seconds, leaving a thin breathable film and won't build up residue on your skin. It does not affect further adhesion of baseplate.

成份温和,不含酒精,使用后可减低因造口 分泌物所引起的问题。快速干透,形成一层 保护皮肤的透气薄膜。透气薄膜不影响底板 的黏胶附着力。



Brava® Adhesive Remover Spray 皮肤除黏胶喷雾

It does not contain alcohol so it is sting-free. It can remove the base plate and leftover residue easily. it is soft and gentle to take care of the skin and as it dries within a few seconds, it does not affect further adhesion. 不含酒精成份,不会引起刺痛感,不会留下 薄膜。容易移除紧贴皮肤的黏胶/底板,性 质温和。使用后也不会影响底板的黏胶附 着力。



Brava® Barrier Cream 保护膏

It is water repellent and protects skin from stomal output. It moisturises and keeps skin healthy.

保护造口周边的皮肤,能迅速滋润与维持 皮肤正常状况。

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Healthy Low-Residue Diet 健康饮食



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Food that cause blockage 导致造口阻赛的食物

粘性的食物 Stringy foods

Celery Spinach Coconut Bean sprouts Cabbage

Foods with tough skins





Lettuce Pineapple



Apple 苹果 **Dried fruits** 干果 玉米 Corn 橄榄 Olive 泡菜 **Pickles** 黄瓜 Cucumber



Foods with nuts and seeds 含有坚果和种子的食物



灯笼椒

热狗

Mushrooms 香菇

Capsicums

Hot dogs



Legumes 豆类



Foods that may cause gas & odours 导致胀气和气味的食物

Excessive intake of

Fruits Vegetables Legumes Wheat products

Milk 牛奶







Carbonated drinks 有汽饮料

Foods that may reduce gas & odours 能够减少胀气和气味的食物

Cranberry juice Tomato juice Parslev Yoghurt Buttermilk

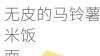




Bulk forming food 导致粪便成形的食物

Starchy foods

Bread Potatoes without skin Rice Noodles



面包.

淀粉类食物





Cheese 到.酪

Smooth peanut butter 滑形的花生酱

Ripe bananas 熟的香蕉

Foods that may aggravate diarrhoea 加剧腹泻的食物

Fruits

Blackcurrant juice Prune juice Kiwi fruit Grape

Alcohol

Wine Beer

Caffeine

Coffee

Tea

Cola beverages

Legumes

水果

黑醋栗汁 梅干汁 奇异果 葡萄

酒精

葡萄酒 啤酒

咖啡因

咖啡 茶

可乐饮料

豆类

Foods that alleviate constipation 能够缓和便秘的食物

Increase fluid intake

Drink at least 2 litres (8 cups) per day Includes juices, soups, coffee, tea, Milo, etc. Special cases to seek doctor's opinion on fluid intake.

增加水量

每天喝至少两公升(八杯) 包括果汁,汤,咖啡,茶,美禄,

特殊情况必须寻求医生有关水 量的建议

Adequate fruits 足够的水果

Adequate vegetables 足够的蔬菜